

**LEWIS-PACIFIC SWISS SOCIETY
RELEASE AND HOLD HARMLESS AGREEMENT (Adult, 18 and over)**

NAME OF PARTICIPANT _____ AGE _____

MAILING ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME PHONE _____ CELL PHONE _____

EMAIL ADDRESS _____

EMERGENCY CONTACT _____ EMERGENCY PHONE _____

The undersigned participant wishes to be allowed to take part in the Lewis-Pacific Swiss Society's Schwingfest practices and activities.

The undersigned understands that the activity, also called "Swiss Wrestling", involves vigorous physical competition, which may result in injury which could be serious, permanent, or even fatal. Swiss wrestling involves a physical contest between competitors with very limited supervision by nonprofessional volunteers. As a result, injury may occur from either negligent or intentional acts and such injuries may be contributed to or enhanced by the condition of the facility, which is not professionally designed or maintained. Both the facility and sport represent traditional Swiss physical contests, which carry inherent risks of injury.

By signing this waiver and hold harmless agreement, the participant agrees to save, defend, indemnify and hold the Lewis-Pacific Swiss Society, its officers, directors, agents, volunteers, and members harmless from any and all claims arising out of the personal injury or death of the participant as a result of participation in Schwingfest wrestling activities, including but not limited to costs of medical treatment, loss of income, damages for pain and suffering and consortium. The undersigned shall pay all costs incurred by the indemnified parties in the event of such claims, including but not limited to payment of reasonable attorney's fees.

The undersigned have read and understand that this document releases the Lewis-Pacific Swiss Society, its officer's, agents, volunteers, and members from liability arising out of injury to or death of the participant in Schwingfest wrestling activities.

This release and indemnification agreement is given in consideration of the Lewis-Pacific Swiss Society, permitting the undersigned to participate in Schwingfest wrestling activities.

PARTICIPANT _____
SIGNATURE _____ DATE _____