

**LEWIS-PACIFIC SWISS SOCIETY  
RELEASE AND HOLD HARMLESS AGREEMENT (youth, under 18)**

NAME OF PARTICIPANT	AGE	
MAILING ADDRESS	DOB required if 5 yrs old. MUST turn 6 within the calander year.	
CITY	STATE	ZIP
HOME PHONE	CELL PHONE	
EMAIL ADDRESS		
EMERGENCY CONTACT	EMERGENCY PHONE	

The undersigned participant and the undersigned participant's parent or legal guardian wish the undersigned participant to be allowed to take part in the Lewis-Pacific Swiss Society's Schwingfest practices and activities.

The undersigned understands that the activity, also called "Swiss Wrestling", involves vigorous physical competition, which may result in injury which could be serious, permanent, or even fatal. Swiss wrestling involves a physical contest between competitors with very limited supervision by nonprofessional volunteers. As a result, injury may occur from either negligent or intentional acts and such injuries may be contributed to or enhanced by the condition of the facility, which is not professionally designed or maintained. Both the facility and sport represent traditional Swiss physical contests, which carry inherent risks of injury.

By signing this waiver and hold harmless agreement, the participant and the undersigned participant's parent or legal guardian agrees to save, defend, indemnify and hold the Lewis-Pacific Swiss Society, its officers, directors, agents, volunteers, and members harmless from any and all claims arising out of the personal injury or death of the participant as a result of participation in Schwingfest wrestling activities, including but not limited to costs of medical treatment, loss of income, damages for pain and suffering and consortium. The undersigned shall pay all costs incurred by the indemnified parties in the event of such claims, including but not limited to payment of reasonable attorney's fees.

The undersigned have read and understand that this document releases the Lewis-Pacific Swiss Society, its officer's, agents, volunteers, and members from liability arising out of injury to or death of the participant in Schwingfest wrestling activities.

This release and indemnification agreement is given in consideration of the Lewis-Pacific Swiss Society, permitting the undersigned to participate in Schwingfest wrestling activities.

PARTICIPANT  
SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PARENT OR LEGAL  
GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_